

St. Gregorios School

Session: 2020-2021

Class-1

Sub: E.V.S

Weekly Summary – 9 (7/9/2020- 11/9/2020)

CHAPTER ---5 THE FOOD WE EAT

1. Learn these words and write 2 times.

Beans ; Peas ; Tomato ; Potato ; Almond ; Coconut ; Rice ;Wheat ; Apple;

Orange ; Plants ; Animals ; Fruits ; Vegetables; Energy ; Water ;Eggs ; Milk

2. Match the following

- | | | |
|----|-----------|------------------|
| 1. | Breakfast | at night |
| 2. | Lunch | gives us energy |
| 3. | Dinner | helps us to grow |
| 4. | Cereals | in the morning |
| 5 | Pulses | in the afternoon |

3. Put (✓) or (✗):

1. Fruits and vegetables help us to stay healthy ._____.
2. We must waste food. _____
3. Overeating is good. _____
4. We should wash our hands before and after eating our food. _____
5. Washing fruits and vegetables kills the germs and removes the dirt. _____
6. Always munching toffees, chocolates and snacks are good for our health. _____
7. We should chew the food well . _____
8. Foods like rice , butter and sugar gives us energy . _____
9. Foods like eggs , fish , meat and pulses helps us to grow big and Strong. _____
10. Foods like fruits and vegetables help us to stay healthy . _____

4. Fill in the blanks .

1. We should _____ our food well. (chew / not chew)
2. We get pulses from _____. (plants / animals)
3. We must drink plenty of _____(cold drinks / water)
to stay healthy .

4. Food that gives me energy is _____.

(bread and butter / fish and eggs)

5. _____ help the body to fight against diseases .

(fruits and vegetables / rice and wheat)

6. We should eat _____ food .(fresh / stale)

7. We should always eat _____ food .(covered / uncovered)

5. Circle the odd one out:

1 rice , wheat , maize , peas

2. mango , milk , orange , apple

3. coconut , almond , beans , groundnut

4. fish , turnip , cabbage , spinach

5. fruits, vegetables , meat , grains

6. Draw name and colour:

1. Two fruits

2. Two vegetables

[२०२०-२१]

अभ्यास - पत्रिका

विषय - हिंदी

कक्षा - I

प्रश्न 1- सही स्थान पर 'उ' (८) अथवा 'ऊ'

(९) की मात्रा लगाओ -

(i) पल (iv) करसी

(ii) झला (v) गलाव

(iii) सश्ज (vi) खजर

प्रश्न 2- जोड़कर शब्द बनाओ -

(i) आ लू
भा

(ii) गु डिया
लाव

प्रश्न 3- सही स्थान पर 'ए', 'इ', 'ई', 'आ', 'ऐ', 'औ' की मात्रा लगाओ -

(i) ठला

(ii) बलगाड़ी

(iii) सनिक

(iv) दश

(v) पड़

(vi) मदान

प्रश्न 4- सही शब्द पर (✓) का निशान लगाओ

(i) थैला बेला

(ii) तैराक तैराक

(iii) करलो करेला

(iv) मैया मैया

(v) सबै सेव

प्रश्न 5- निम्न मात्राओं के उ-उ शब्द लिखो -

(i) उ (७) → _____

(ii) ऊ (७) → _____

(iii) ए (२) → _____

(iv) ऐ (२) → _____

11.9.2020

श्री राधाकृष्णाभ्यां नमः

REVISION

I. Underline the Naming words (Naming words)

1. He is my friend Amit.

2. A man visits Goa every year.

3. India is my country.

4. We can see snow fall in Shimla.

5. Jaipur is called pink city.

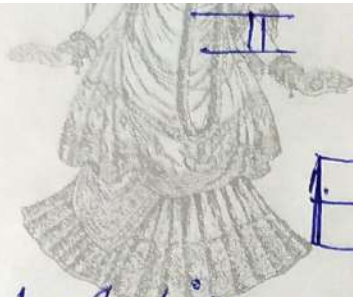
6. It is a broken chair.

7. Lion lives in den.

8. Rohit flies kite with his uncle.

9. It is a neem tree.

10. There is red car in the parking.



II Choose the correct naming words from the aid box

sister, rice, door, football, cat

1. I like to play _____.
2. Have you met my _____ ?
3. Go and stand behind the _____.
4. Mum cooked some _____.
5. I have a pet _____.

III Choose the correct plural form




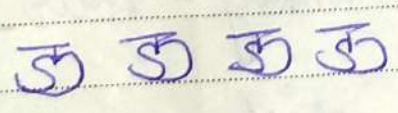
1. One apple - six _____
2. One monkey - four _____
3. One dish - seven _____

AID BOX

hens, donkeys, dogs
bushes, slutches
dishes, boxes, spoons
dresses, mangoes

4. dog - _____
5. clutch - _____
6. mango - _____
7. donkey - _____
8. hen - _____
9. dress - _____
10. dog - _____

IV Fill in the blanks with correct option

1. _____ are pine trees. 
2. _____ is a hut. 
3. _____ is a kite. 
4. _____ are mangoes. 



V Write opposites

1. friend ×

2. enter ^

3. morning ×

4. go ×

VI Complete the following sentences

1. A _____ fish swims round and round.

2. _____ is Neeta's favourite day.

3. I keep my _____ on the desk.

4. There is a _____ in the bowl.

St Gregorios School, Dwarka

Session 2020-2021

Class 1

Subject-Mathematics

Weekly Summary - 9 (07/09/2020-11/09/2020)

Ch - Subtraction

Horizontal subtraction (Using Fingers)

eg : $5-3=2$ → Keep 5 in mind ,open 3 fingers then start counting before 5 on fingers to get 2.

1) $7-2=$ _____

3) $5-4=$ _____

2) $6-0=$ _____

4) $9-5=$ _____

Vertical Subtraction (Using Fingers)

Eg: 6 Keep 6 in mind,open 2 fingers then start counting before 6 on fingers to get 4.

$$\begin{array}{r} 6 \\ - 2 \\ \hline 4 \end{array}$$

1) 4

$$\begin{array}{r} 4 \\ - 3 \\ \hline \\ \hline \end{array}$$

2) 8

$$\begin{array}{r} 8 \\ - 2 \\ \hline \\ \hline \end{array}$$

3) 7

$$\begin{array}{r} 7 \\ - 5 \\ \hline \\ \hline \end{array}$$

4) 9

$$\begin{array}{r} 9 \\ - 0 \\ \hline \\ \hline \end{array}$$

Subtraction of two digit numbers.

Eg: T O
 2 5
- 1 4

- 1 1

 1 1

1) T O

 2 3
- 3

2) T O

 3 4
- 2

3) T O

 4 5
- 1 5

4) T O

 6 6
- 2 0

Word problems

1) There are 5 birds on a tree. 2 birds fly away. How many birds are left on the tree?

2) Ruhani bought 48 mangoes. She ate 5 mangoes. How many mangoes are left with her?

3) There were 35 children in a class. 10 children went for washroom. How many children are left in the class now?

Note: Do page 137 – 141 in textbook.